

Please plan on at least 3 hours for your provided appointment. Prior to your appointment please read the below pre and post microblading requirements. If you have any questions please communicate with me to avoid any missed communication.

## Suggestions/ Requirements Before jentrie lee Microblading Procedure.

- Botox should be given 3 weeks prior or 3 weeks after this procedure
- No chemical peels 60 days before or 60 days after (brows will peel quicker due to chemicals traveling under the skin).
- No Retinols/Retin-A's, or other anti-aging creams or serums containing acids as these will fade prematurely.
- Do Not work out the day of the procedure.
- Do not tan or have a sunburned face.
- Do Not take Aspirin, Niacin, Vitamin E or Ibuprofen 24 hours before procedure.
- No waxing or tinting 3 days before.

## What to Expect after the procedure

Immediately after treatment, the color will appear darker than it will eventually be. This is because the pigment takes around seven days to enter the deeper layers of the skin. After 7-10 days, exfoliation takes place. The top layer of the skin peels off, leaving a softer, lighter color below. The result is a natural looking enhancement. As the treated area is settling down, itching may occur. This is a good sign as it means the skin is healing.

## Permanent makeup is NOT recommended for any clients who are or have:

- Diabetic
- Undergoing Chemotherapy (consult your doctor)
- Viral infections and/or diseases
- Epilepsy
- A Pacemaker or major heart problems
- Had an Organ transplant
- Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)
- Sick (cold, flu, etc.)
- Had Botox in the past 2 months
- Used Accutane in the past year

## **Eyebrow After-Care**

Just a side note: I aim for perfection but everyone's skin is different and will react differently to the procedure of microblading Some skin will heal faster than others, some skin will retain the pigment longer, all skin is aging, some of us will be harder on our skin than others; swimming, tanning and weather all have a negative effect on our skin. And, this is a big AND... nobody's eyebrows are exactly the same. My goal is to make them match as closely as possible, but nature does play a role in the contour of our brows.

- Do Not get the brows wet during the healing process for 14 days.
- Do Not put anything (water, make-up, lotions etc.) on the brows for 14 days.
- Do Not sweat for 14 days this is a hard one, but body heat expands the pores. Sweat has salt and will prematurely fade, blur or cause the pigment not to take at all.
- Apply Vaseline or A&D ointment to the brows for a week before every shower or that workout you were advised not to do. When finished with the shower, gently take a dry cotton square or tissue and wipe ONE time across each brow, then gently dab till dry remember be gentle but starting on day three when scabs start to appear, do not wipe, dab only till dry. You do not want the scabs to come off prematurely.
- Do Not scrub, rub or pick at the epithelial crust that forms. Allow it to flake off by itself. If it is removed before it is ready the pigment underneath it can be pulled out
- Stay out of the sun for a two weeks. Then be sure to use sunblock on the healed brow to prevent fading.
- Do Not use any Retin-A or Glycolic Acids in the brow area during or after healing.
- Do Not use a tanning bed for a month ... preferably, never!
- It is recommended that you apply Vaseline to treated areas prior to swimming even after healed to prevent the chlorine water/salt water from penetrating the area.
- Only touch the treated areas with squeaky-clean hands during the healing process.
- Try not to sleep on your face for the first 10 days.

Note: Eyebrows will appear darker and bolder due to natural scabbing and healing for the first 10 days

I want you to be thrilled with the results for the months ahead, so follow the instructions!

FAILURE TO FOLLOW AFTER-CARE INSTRUCTIONS MAY RESULT IN INFECTIONS, PIGMENT LOSS, OR DISCOLORATION.

I recommend yearly touch-ups